Annual Report 2023



Juliette's House

EVERY CHILD HAS THE RIGHT TO BE SAFE.

Meet our Leadership Team:



2

Russell Mark President/CEO russell@julietteshouse.org

My focus is to build and cultivate a successful organization that is both outward and inward facing. The outward focus is looking at the quality of care we deliver for our child clients and caregivers, be it for assessments of their abuse or neglect or for their therapeutic outcomes.

We are continuously searching for the best research-based practices, and implementing new modalities of treatment that can have a lasting, healing impact on our clients' lives. Outwardly, we are actively conveying the significance of our work within the community and managing resources generously contributed to support our efforts, as well as explaining how our profound initiatives fundamentally transform and assist communities.

The inward focus is to cultivate an amazing, positive workplace of outstanding and passionate professionals. Despite the daily pressure of our endeavors, each day is approached with a sense of purpose, accomplishment, and joy, knowing they are helping save lives.



Baylie Wafer Prevention Director baylie@julietteshouse.org

My focus is to bring quality, relevant Child Abuse prevention education courses to all age ranges. In an effort to provide a safety net for children in our community and share helpful tools with individuals, businesses, and groups who are engaged with Juliette's House or interested in making our community safer for children by taking these courses.



Julie Siepmann, LCSW Clinical Services Director julie@julietteshouse.org

My focus is to create a space where children and teens can talk openly about their experiences of abuse without fear of not being believed, not being supported, or not being kept safe. Our community has an obligation to keep every child safe from every form of abuse. Every child's story deserves to be heard.



Adam Creighton Director of Strategic Planning adam@julietteshouse.org

My focus is working with the CEO to develop structures that ensure the sustainability and growth of all of Juliette's House's programs.



Rori Hartzell Medical Director rori@julietteshouse.org

My focus is the health and wellness of the children and families in our community. I strive to create an environment where children and teens not only receive excellent medical evaluations, but that it is done in such a way that it allows them to feel safe, comfortable and respected.



Cassandra Aglietti Trauma Recovery Director Mental Health Therapist cassandra@julietteshouse.org

My focus is to support a safe and healing space to assist families in reconnecting and building resilience after trauma, loss, and grief. I aim to help in creating strong skills and foundations to move forward in life, and relationships in a healthy and sustainable way.



Bill Lindemann Chief Operating Officer bill@julietteshouse.org

My focus is to help provide a safe place and environment that all our staff, clients, and community feel cared for and understood. Whether someone enters our doors to help, heal, or be heard, my hope is they do so in an environment where they feel completely comfortable and safe.



Diane Longaker Chief Communications Officer Community Engagement Director diane@julietteshouse.org

My focus is to engage the community through both personal interactions and the digital space, raising awareness about Juliette's House. You'll often see me at networking events, info tables, or giving presentations. Have you checked our social media or website? I work behind the scenes to share vital information and enjoyable content.



Elizabeth Schrader Chief Development Officer elizabeth@julietteshouse.org

My focus is to create relationships that cultivate a robust network of supporters who know and love our work and who develop into passionate, lifelong partners. Every donor should be wellinformed, productively engaged for the common good, and hopeful about our thriving community.

2023-24 BOARD OF DIRECTORS

3

Gary Langenwalter Chairman of the Board

Peter Hofstetter Vice Chair, Retired Health Care Executive

Kelly Payne Treasurer, Payne Insurance & Financial Services

Patty Slegers Secretary, Slegers Dairy

Kevin Baty Insurance Agent, Hagan Hamilton Insurance Solutions

Barbara Boyer Boyer Farms

Sunisa Chanyaputhipong Physician, Virginia Garcia Medical Center

Allan Fernandez Linfield Student

Joseph Hunter Vice President for University Advancement, Linfield University

Larry Kurtz Retired Educator

Lindsay Dobie VP, Chief Marketing Officer at First Federal

Sabra Mathot Custom Valley Wine Tours

Alma Mendez Recruitment Specialist for the Oregon Department of Education

Robin Russell Owner, Robin Russel, LLC

Michele Wuellner Retired Educator

Our 25th Anniversary!

4

Juliette's House celebrates 25 years of addressing humanity's darkest challenges while bringing healing to children and families. Originating from a local desire to improve child protection, Juliette's House has become part of a broader movement, thanks to community support and professional partnerships. Over these years, we've expanded services with new research and methods, offered workshops, built new facilities for mental health services, and developed a new logo! As we continue this life-saving work, Juliette's House invites the community to join in upcoming events celebrating this journey of healing and growth!







The Expansion of Juliette's House

Juliette's House, a beacon of hope and healing, is celebrating a pivotal point in its expansion project, which began in May 2023. This significant upgrade, now over halfway complete, includes a 2,200 square foot addition to the existing facility, featuring new therapy and operational offices, a play therapy room, a conference room, and an outdoor pavilion. A key highlight is the creation of a prevention education suite for developing child safety strategies. Managed by WD Construction and designed by Marcia Mikesh, the \$1.3 million project is progressing towards a grand celebration February. Alongside this physical growth, the team is expanding and introducing the Trust-Based Relational Intervention (TBRI) program. Juliette's House thanks its supporters and invites continued donations to further its mission of protecting and nurturing children and families, emphasizing its long-standing commitment to positive community impact.

What is a Children's Advocacy Center (CAC)?

Recalling a traumatic experience becomes increasingly challenging as the number of times it is recounted continues to rise. Juliette's House, a Children's Advocacy Center established in 1997, addresses this issue by providing centralized and specialized abuse assessment services in a secure, comforting, and child-friendly setting. At Juliette's House, children are given the opportunity to share their experiences at their own pace, with their consent, receiving a comprehensive forensic interview and medical examination. Simultaneously, caregivers receive emotional support and access to resources from family support specialists, ensuring a healing process from the very beginning.

Comprehensive, Centralized Services





Please note that this is a staged photo and not an actual client of JH.

Family Support Services

Juliette's House Family Support Team offers emotional support and assistance to families during assessments, easing their concerns and guiding them through paperwork. They provide materials on child abuse issues and connect families with community resources and treatment recommendations. After assessments, the team continues to aid families, facilitating connections to services like counseling and state assistance, offering both short and long-term follow-up to ensure ongoing support and healing. Juliette's House's follow-up assistance plays a crucial role in helping families access necessary resources for recovery from abuse.

How We Work

Community Engagement

Community engagement through social media, websites, blogs, tabling events, presentations, and networking is essential for ensuring children's safety. These platforms foster widespread awareness, detailed information exchange, direct engagement, and collaborative initiatives among stakeholders, including volunteers. This collective approach strengthens the commitment to child safety and promotes active volunteerism and support in safeguarding children's well-being.

Administration

Administration

6

Administration plays a vital role in facilitating our organization's daily operations. From fiscal management to IT, to maintaining our campus, and curating a positive employee experience, this team works to sustain a safe, productive, and nurturing environment for our staff and the children and families that we serve.

Clinical Services

Children of all ages, who may have experienced abuse or neglect or witnessed violence in their homes come to Juliette's House to ensure they are healthy and safe. Children receive a medical examination and talk to a forensic child interviewer. Caregivers leave with recommendations for how to help their child move forward on the road to healing.

Juliette's House brings together a team of professionals from health care, mental health, law enforcement, and child protective services in the same place at the same time. This approach ensures that children receive childfocused services in a child-friendly environment.

Prevention

Juliette's House provides a wide variety of age-appropriate abuse prevention education programs throughout the community and in schools. Our intent is to create an arc of education that informs and empowers every age group from preschoolers to adults. We especially strive to reach those who work with children, teaching them to be proactive in avoiding potentially abusive situations, as well as recognizing and appropriately intervening when abuse or neglect is suspected.

Trauma Recovery Services

Juliette's House Trauma Recovery Services offers evidence-based mental health services to support children and care providers to overcome abuse. We offer education, guidance, and the skills necessary to support the individual's healing process. We build healthy relationships and create a safe space for individuals to express their emotions and tell their stories.

Clinical Services

Community Engagement

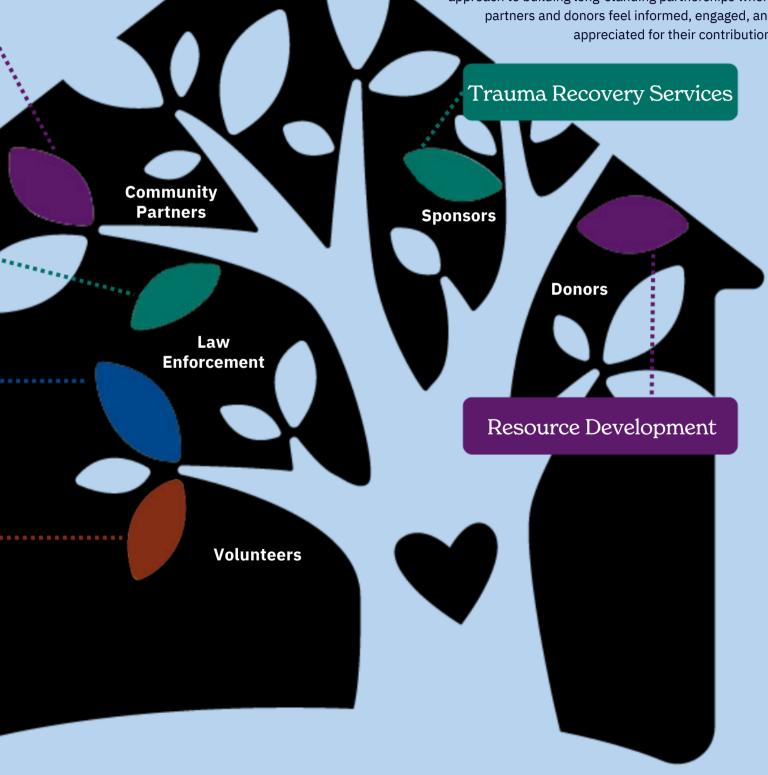
Prevention



Resource Development

7

Juliette's House has many resources related to income including grants, billing for medical services such as counseling, partner project management, and finally, individual contributions. Our process focuses on a holistic approach to building long-standing partnerships where partners and donors feel informed, engaged, and appreciated for their contribution.





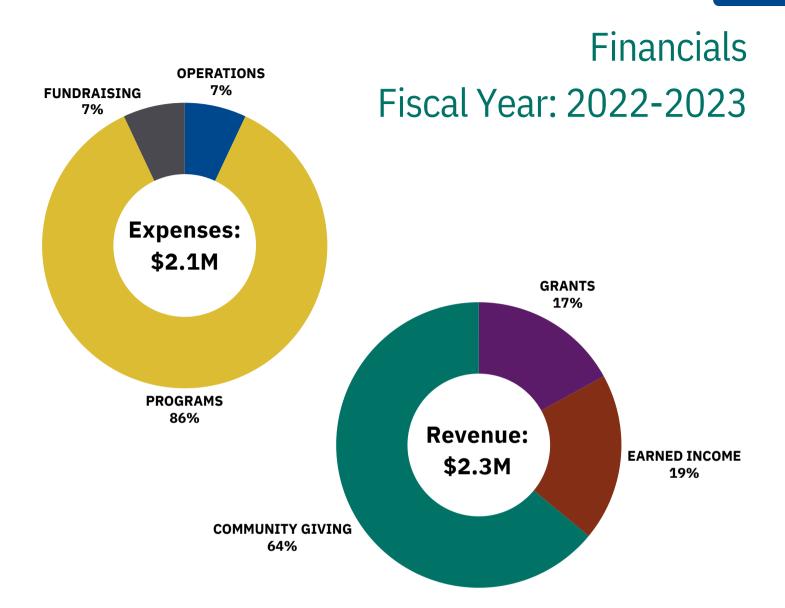
Meet "Mac"



MacDougal "Mac" is the Juliette's House Facility Dog

Mac was raised and trained by Assistance Dogs Northwest and provided to Juliette's House in 2019. As part of the assessment team, Mac offers support and comfort to children and families during their time at Juliette's House. Research suggests that being around dogs can lower blood pressure and heart rate, even for those not particularly connected to dogs. Mac's presence has consistently demonstrated this effect, especially when interacting with children during medical exams or forensic interviews. Selected for his love of children and calm demeanor, Mac doesn't engage in disruptive behaviors while working, focusing on providing comforting interactions. He was chosen from a litter of puppies in Australia and received training both in Seattle and Maui. Mac has traveled for conferences and presentations related to his work, showcasing the positive impact of facility dogs like him.

9





What is Child Abuse & Neglect?

Child abuse and neglect are serious public health problems and adverse childhood experiences (ACES). They can have long-term impacts on health, opportunity, and well-being. This issue encompasses various forms of abuse and neglect inflicted on a child under 18 years old by any adult, which causes injury, poses a risk of injury, or threatens the child's well-being. There are four common types:

- **Physical abuse** is the intentional use of physical force that can result in physical injury. Examples include hitting, kicking, shaking, burning, or other shows of force against a child.
- **Sexual abuse** involves pressuring or forcing a child to engage in sexual acts. It includes behaviors such as fondling, penetration, and exposing a child to other sexual activities.
- **Emotional abuse** refers to behaviors that harm a child's self-worth or emotional well-being. Examples include name-calling, shaming, rejecting, withholding love, and threatening.
- **Neglect** is the failure to meet a child's basic physical and emotional needs. These needs include housing, food, clothing, education, access to medical care, and having feelings validated and appropriately responded to.

National Child Abuse Prevention Month!

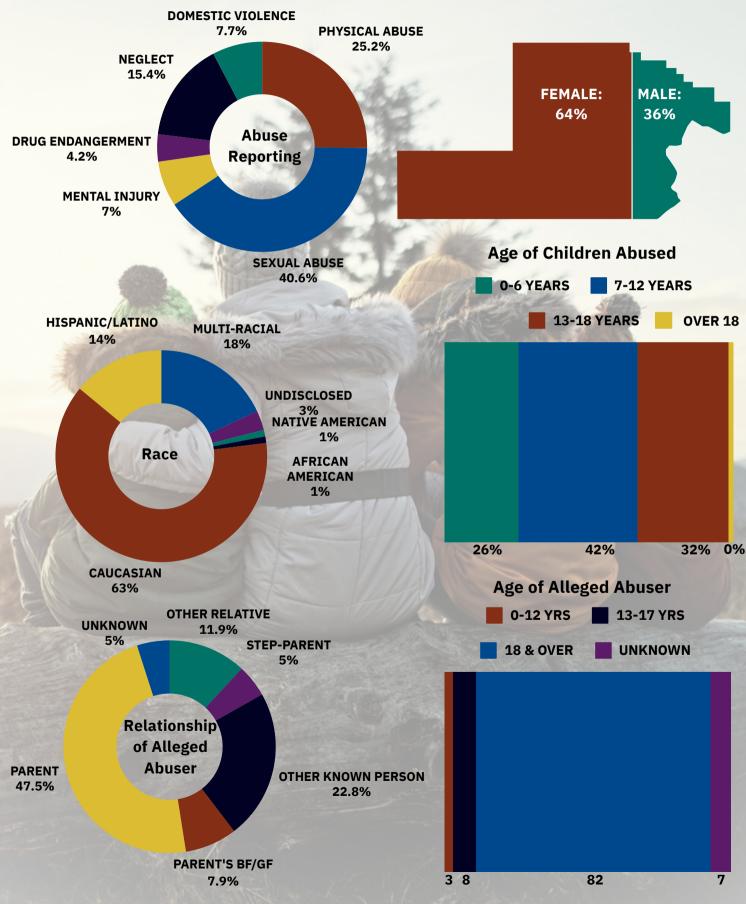
April emphasizes the crucial role of families and communities in preventing child abuse. Through preventative services and support, parents, caregivers, and communities can safeguard children. Various events, educational programs, and awareness campaigns during this month highlight the importance of child protection. Symbols like pinwheels and blue ribbons signify dedication to educating against abuse. The primary objective is to raise awareness of the collective actions needed to end abuse and inspire community involvement to ensure every child's right to safety.







Serving Yamhill County



Prevention Education



Impact:

Total Workshops

Total Served



Safer Smarter Kids is a child abuse prevention education program offered in English and Spanish for children ages 3-5. The curriculum contains no sensitive material and does not cover sexual abuse overtly. Instead, the curriculum uses puppets, songs, books, and other age appropriate techniques to empower children with the protective skills and tools to reduce the likelihood of abuse. Safer Smarter Kids is taught in three 30-minute lessons, typically in a preschool classroom-like setting.

Our Impact:

3-5 year olds: 183 children, 6 workshops

- No Male or Female stats
- 57% White
- 37% Hispanic
- 4% Two or more races
- 1% Asian
- <1% Black
- <1% American Indian/Alaska Native

Safe Kids is a child abuse prevention education program designed for kindergarten to fifth-grade children. Safe Kids meets the State of Oregon requirement for Erin's Law. The curriculum uses an interactive presentation that includes videos, discussion, skills practice, games, and activities to share information with students. Topics covered include bullying, cyberbullying, and five safety rules that empower kids to respond appropriately to varying forms of abuse.

Our Impact:

K-5th graders: 3,534 children, 323 workshops

- 51% Male, 49% Female
- 51% White
- 42% Hispanic
- 4% Two or more Races
- 1% American Indian/Alaskan Native
- <1% Black
- <1% Asian
- <1% Hawaiian/Pacific Islander



Safe Teens is a child abuse education program designed for sixth to 12th grade adolescents. Safe Teens meets the State of Oregon requirement for Erin's Law. The curriculum is youth-centered and interactive by using conversation, videos, activities, and group work to teach students how to prevent abuse and interpersonal violence. The focus is on healthy relationships, healthy development, and safe environments.

Our Impact:

6th-12th graders: 839 children, 62 workshops

- 53% Male, 47% Female
- 63% White
- 26% Hispanic
- 1% Two or more Races
- <1% American Indian/Alaskan Native
- <1% Black
- <1% Asian
- <1% Hawaiian/Pacific Islander

Erin's Law:

In 2015, the Oregon legislature passed SB 856, also known as Erin's Law. Erin's Law requires the development and adoption of child sexual abuse prevention programs for kindergarten through 12th-grade students in all Oregon public schools.



Stewards of Children (SOC) is a child abuse education program designed for adults and is offered in both English and Spanish. SOC training includes discussion, video, and an interactive workbook to guide you through the "five steps" that adults can take to help prevent, recognize, and respond responsibly to child sexual abuse.

Our Impact:

18+ Adults: 131 adults, 6 workshops

- 40% Social Service Agencies
- 24% School Staff
- 12% Youth Serving Organizations
- 1% Childhood Providers
- 1% City Leadership
- <1% Faith Community

In early Spring of 2023 Juliettes House Prevention Department made the decision to sunset our previous adult education curriculum Stewards of Children by Darkness to Light. Our commitment to staying trauma informed and providing Yamhill and surrounding counties with the most relevant child protective strategies was the catalyst in this change. Juliettes House has been working diligently since to create comprehensive, trauma informed modules that will be delivered to our partners and community members who are committed to creating safety for children, the anticipated launch of these new training opportunities is Spring 2024.

Trauma Recovery Services



Juliette's House Trauma Recovery Services provides evidence-based mental health support for children and non-offending caregivers affected by abuse. We offer education, guidance, and essential skills for healing, fostering healthy relationships, and a safe space for emotional expression and storytelling.

Children Referred to Counseling = 163 Children Already in Treatment* = 48 Total = 211

We additionally increased our staff by 3 professionals:

- ~ receptionist
- ~ clinician
- ~ case manager

*started treatment prior to 7/1/22

Our therapists are certified in evidencebased practices:

• TF-CBT

Trauma-Focused Cognitive Behavioral Therapy

• **TBRI** Trust-Based Relational Intervention

Volunteers



VOLUNTEER HOURS = 3,164

Juliette's House extends its deepest appreciation to all the volunteers whose invaluable contributions have played a pivotal role in advancing its mission. The dedication demonstrated through volunteer hours devoted to special projects, fundraisers, and family support services internships has left an indelible mark on the success of various initiatives. These selfless individuals have not only enhanced the effectiveness of the organization's endeavors but have also cultivated a sense of community and assistance.

In-Kind Donations

85% of in-kind donations directly support our programs, while the remaining 15% contribute to office and grounds upkeep and services. Your generosity is making a significant impact on our mission.





Help Us End Child Abuse

Juliette's House is a Child Abuse Intervention Center that has been serving Yamhill, Polk, and surrounding counties in northwest Oregon since 1997. Annually, 250-300 children are referred to the center for evaluation due to suspicions of various forms of abuse, and our mission is to compassionately assess and support these children while minimizing additional trauma through collaboration with law enforcement, Child Protective Services, and other relevant agencies. We follow a medical model, providing comprehensive assessments in a child-friendly environment, and also offer trauma recovery services and age-appropriate abuse prevention education programs to the community.



1075 SW Cedarwood Ave., McMinnville, OR 97128

503-435-1550 | JuliettesHouse.org